Why You Should Feel Proud for Taking Your Medications

by PUJA RIOS

DrugStars: An App to Help Remind Fibro Warriors

The stigma attached to prescription pills in America — while deserved in some cases — is putting many of us in the Fibro community on the defense. It's as if we're being vilified for our reliance on pills to make it through the day. If you're like me, you've got enough to deal with without adding the judgments of others to your plate. The patient shaming needs to end.

Prescription pills and vitamins are necessary for the us who live with fibromyalgia. Without them, I could not do my job, and honestly, I would lose way more than that.

Thanks to constant brain fog, I know exactly what happens when I get off track with my meds. The outcome is catastrophic. Without my pills, my hands stiffen like lobster claws, my feet feel like they're on fire, my joints and muscles scream for relief and the pain in my eyelashes, hair, nails, and skin is so intense, moving one inch is a ten on the torture scale.

Without My Pills, I'm Confined to My Bed… Permanently

My pills are tiny little heroes that help me live a normal life, and now, they can be tiny little heroes to others in need. Claus Moeldrup, a former professor of social pharmacy, has created a way to generate actual cash, just for taking our meds. Not only that but the more pills and vitamins we take, the more money we earn!

Starting to Feel a Little Excited?

"Giving by taking" is Claus's big idea and DrugStars is the way to do it. DrugStars is a genius app that turns big pharma-money into funds for charities when we take our meds.

These are charities that aim to prevent and relieve the consequences of cancer, digestive issues, heart disease, diabetes, rheumatic disease and more. It's an incredible way to make a difference with just the touch of a button.

In a nutshell, 1 dose = 1 cent. I calculated that a person taking six pills/vitamins, four times a day would contribute almost $1,000 in ten years ($876 to be exact). With one million of the 100 million Americans suffering from Chronic Pain doing the same, we will raise over $87,600,000 in just one year and almost $1B in 10 years.

We All Deserve the Best

Finally, a reason to brag about our meds and walk out of the drug store with our heads held high!

Another life-changing perk — when you join forces with DrugStars, you'll be reminded each time you should take your pills, so no more missing your meds. Take THAT, brain fog!!

All you need to do is:

- Download the DrugStars app from the App Store or the Play Store.
- Add your medicines and vitamins, and the time you take them, and voila!

Reminders will pop up on your phone when the time comes. There is NO catch, take my word for it and try it yourself.

Who would have thought that we Fibro warriors could turn our pain into progress for ourselves and others?

We all deserve better healthcare. That's why I'm asking you to help yourself take your meds on time and work with me get the word out. After you download the app, share it with your Fibro community and tell us how much you will contribute after ten years of using DrugStars. Just copy and paste the text below:

*People without access to proper healthcare will receive (**insert your dollar amount**) from me over the next ten years. With your help, we'll raise $3 billion. All we have to do is press a button. Join the effort to #shoutaboutpain with DrugStars. http://bit.ly/PRDrugStars*